

**WAYLAND BAPTIST UNIVERSITY**  
**Phoenix Campus**  
**Division of Social Sciences**

*Wayland Baptist University exists to educate students in an academically challenging, learning-focused and distinctively Christian environment for professional success, lifelong learning, and service to God and humankind.*

**CNSL 5314 Counseling Theories and Techniques**

**TERM:** Winter Term 2009 November 9<sup>th</sup> to February

**Instructor:** Walt Fidler, PhD

**Contact Information:** Cell Phone 602-430-5378 **Email:** walterfi@msn.com

**Office Hours:** The instructor can be reached any time during the semester. If I am unable to respond immediately please leave on message and I will respond as soon as possible.

**Class Time and Location:** **Class Time and Location:** This class is a hybrid with most of the work being done online. However, we will have three class room periods during the semester. Our first class room time will be Friday November 13<sup>th</sup> from 5:30PM till 9:40PM and Saturday November 14<sup>th</sup> from 8:00AM till 4:00PM. Our second meeting period will take place on Friday December 11<sup>th</sup> from 5:30PM till 9:40PM and Saturday December 12<sup>th</sup> from 8:00AM till 4:00PM and our third period will be on Friday January 22<sup>nd</sup> from 5:30PM till 9:40PM and Saturday January 23<sup>rd</sup> from \*:00AM till \$:00PM. All classes will be held at Central Park Forest in Downtown Phoenix.

**Catalog Description:** Advanced study of theories and techniques of the major counseling models from Psychoanalysis through the postmodern period.

**There is no prerequisite for this course**

**Textbook:** Seligman, L. and Reichenberg, Lourie, *Theories of Counseling and Psychotherapy*, 3<sup>rd</sup> edition, Pearson publishing

**Course outcome competencies:**

- Students will demonstrate critical thinking on reaction papers.
- Students will display knowledge of major psychological theories, terms, and concepts of counseling on examinations.
- For student to gain some personal insight into their own views and feelings regarding the area of psychological counseling and share some of these in class.
- For students to develop **personal responsibility and commitment to values** including no cheating in their college careers (including this class) and attending classes to learn as much as possible from their course.

**Attendance:** Students enrolled at one of the University's external campuses should make every effort to attend all class meetings. All absences must be explained to the instructor, who will then determine whether the omitted work may be made up. When a student reaches that number of absences considered by the instructor to be excessive, the instructor will so advise the student and file an unsatisfactory progress report with the campus dean. Any student who misses 25 percent or more of the regularly scheduled class meetings may receive a grade of F in the course. Additional attendance policies for each course, as defined by the instructor in the course syllabus, are considered a part of the University's attendance policy.

**Service for the Disabled:** In compliance with the Americans with Disabilities Act of 1990 (ADA), it is the policy of Wayland Baptist University that no otherwise qualified person with a disability be excluded from participation in, be denied the benefits of, or be subject to discrimination under any educational program or activity in the university. The Coordinator of Counseling Services serves as the coordinator of students with a disability and should be contacted concerning accommodation requests at (806) 291- 3765. Documentation of a disability must accompany any request for accommodations.

**Course requirements:** Each Student will be required to submit a reaction paper for every reading assignment. This reaction paper should consist of at least 250 words and must be more than just outlining the reading assignment. I am interested in what you think about what the author has written. What ideas does it stimulate in you? Does the author cover the topic sufficiently enough? What creative thoughts does the reading assignment generate in you? Each reaction paper will be valued at 5 points each. Assignments are due on Saturday which is the last day of the week

**Secondly there will be Discussion Board questions posted each week that may or may not follow your reading assignments. You will be expected to respond to these questions in a timely fashion. Having said that I understand that life happens. If something interferes with your ability to answer the question please contact me if you can in advance. Each question should be answered by Saturday of the assignment week. Each question will be valued at 5 points.**

**Third will be class attendance and participation. You will be expected to attend the scheduled class meeting times and to participate in the class room discussions. Each class period will be valued at 5 points.**

**The final requirement will be a research paper. Each Graduate student will be required to write a 15 page research paper with on less than 10 references. Your research paper will be worth 90 points.**

**Method of determining course grade:**

**Reaction Paper will be worth 5 points each for a total of 50 points**

**Discussion Board Questions 5 points each = 45 points**

**Classroom attendance and participation will be worth 10 points each for a total of 30 points**

**Research Paper will be valued at 75 points**

The University has a standard grade scale:

A = 185-200, B = 169-184, C = 153-168, D = 138-153, F= below 137, W = Withdrawal, WP = withdrew passing, WF = withdrew failing, I = incomplete. An incomplete may be given within the last two weeks of a long term or within the last two days of a microterm to a student who is passing, but has not completed a term paper, examination, or other required work for reasons beyond the student's control. A grade of "incomplete" is changed if the work required is completed prior to the last day of the next long (10 to 15 weeks) term, unless the instructor designates an earlier date for completion. If the work is not completed by the appropriate date, the I is converted to an F.

**Instructor's policy on Academic Dishonesty: Academic dishonesty will not be tolerated. Any hint of this behavior the student will be excluded from the class and referred to the Dean of the Campus.**

**Tentative Schedule:**

Week I Read the syllabus and submit reaction paper for chapters 1 & 2

Week II Reaction paper due for chapters 2,3, & 4

Week III Reaction paper due for chapters 5 & 6

Week IV Reaction paper due for chapters 7, 8, & 9

Week V Reaction paper due for chapters 10 & 11

Week VI Reaction paper due for chapters 12, 13, & 14 At this point you please inform me of your what your topic will be for your research paper.

Week VII Reaction paper due for chapters 15, 16, & 17

Week VIII Reaction paper due for chapters 18, 19, & 20

Week IX Reaction paper due for chapters 21 & 22

Week X Reaction paper due for chapter 23

Week XI Research Papers duets