



School of Behavioral and Social
Sciences

CNSL 5308 Substance Abuse Counseling

Summer 2009 Virtual Campus

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Note: for the class we will use Blackboard's in-house message board rather than email, but for questions regarding the syllabus, please feel free to contact me.

Wayland Baptist University exists to educate students in an academically challenging, learning focused, and distinctively Christian environment for professional success, lifelong learning, and service to God and humankind.

COURSE CATALOG DESCRIPTION

Use and abuse of substances; sociocultural, historical, legal, and clinical issues related to drug use; theories and therapeutic approaches for treatment and prevention.

REQUIRED TEXT

Substance Abuse: Information for School Counselors, Social Workers, Therapists, and Counselors by Fisher, G. L. & Harrison, T. C. (Allyn & Bacon).

Please note that there will be podcasts and videos as well as outside articles that relate to the reading assignments. Students who do not have iTunes will need to load that on their computer. It is non-intrusive, free and can be downloaded at: <http://www.apple.com/itunes/download/> or to visit the Apple webpage go to www.apple.com.

STUDENT LEARNING OUTCOMES

Upon completion of this course the student should be able to:

- ❑ List and discuss the major concepts regarding substance abuse issues, assessment and treatment
- ❑ Classify and describe the major classes of drugs and their affects
- ❑ Identify and explain the models of addiction
- ❑ Define the various assessment and treatment approaches of substance abuse

Please note that there is no comprehensive final exam or major research paper. Since this is a practioner tpe course, all research will be related to practical skills and application.

COURSE REQUIREMENTS AND DETERMINATION OF GRADE		
Assignments	Explanation	%
Discussions	There will be five graded discussion boards—Students will be required to participate in each with at least a 250 word initial post and a 100 word academic response to one other student’s initial post. These will be practical applications where students will apply their reading assignments to practical implications of counseling. In many cases, students will be required to read an assigned, outside article or view a video podcast that relates to the week’s reading assignment.	10
Exams	There will be four exams over the reading assignments. Tests usually consist of self-graded, multiple-choice questions used to assess reading comprehension. There is a study guide to help students with each exam. Exams are open-book with no time limit.	40
Substance Abuse Paper and handout	Students will compile a comprehensive handout on one of the major drugs covered in class or either on a topic related to substance abuse (i.e. support groups, treatments) The handout must be professional quality as if it were to be presented at a workshop of local professionals. Students may find the Internet helpful in assimilating materials. There should be at least 10 web links. The handout should be at least 6 pages long and should contain at least 5 documented resources other than the 10 web links. Grading will be on content, appearance, organization, and acceptable grammatical style.	10
Wiki Page	There will be one wiki page for the entire class. It will be subdivided into various substances, treatments, therapies, and support mechanisms. Students must participate in at least two different divisions. Each student will be required to upload one image and one weblink. NOTE students are NOT allowed to overlap their handout assignment and their wiki page. In other words, a student who does his or her handout on barbiturates must not cover barbiturates in the wiki page. This is a collaborative efforts. See “wikipedia.org” to see how online collaboration and collective intelligence is a new wave of professionalism today.	10
Community Points	Developing a sense of community in an online environment requires work. To do this, the class will do such things as: the Intro Discussion Board, the student location map, active feedback in the wiki, the class cyber café. A more detailed list of what is required will be spelled out during the class.	10
Support Group Assignment	Each student will be required to attend a support group meeting (such as AA, Alanon) and write a 2-page minimum reflective paper. Students will be reflecting on their experience and include a discussion of what occurred during the meeting, their idea of the positive and negative aspects of the meeting.	5
Abstinence experience	Think of something that you enjoy doing and that you engage in frequently. Now take a 6 week period during the semester and cease that activity. Write a two-page paper that reflects your experience in withdrawing from that activity. Be sure it is something that doesn’t impact your health...such as refusing regular exercise or not taking prescribed medicines.	5
Movie Review	What a movie that directly relates to the abuse of substances (Traffic, 28 Days, Clean and Sober, Playing God, Philadelphia. etc.) Write a two—page reflection paper on what you learned from the movie. Be sure to include practical ways in which you could use what you learned as a counselor	5
Journal	Login into the Wayland library and find three scholarly journal articles. Write a one-half page or more review of the article. Be sure to use APA format for this!	5
TOTAL		100%

COURSE OUTLINE AND DUE DATES

Due Date*	Subject	Assignment	Other
6/1/09	Pharmacology/Ch. 1 Professional Role/ Ch. 2 Brief Overview of Classification of drugs & Ch. 3 Models of Addiction	Intro DB	
6/8/09	Ch. 4 Cultural/ethnic issues & Ch. 5 Assessment and Diagnosis/Special Topic: Alcohol Abuse and Addiction	DB 1	2 %
6/15/09	Special Topics: Barbiturates, Benzodiazepines, Amphetamines	Exam #1	10%
6/22/09	Special Topics: Cocaine, Marijuana/Video (Bud Business)/Opiates	DB 2	2%
6/29/09	Special Topics: Hallucinogens, Inhalants, Steroids & OTC Analgesics	Scholarly Journal	5%
7/6/09	Special Topics: Nicotine/Ch. 6 Interventions Ch. 7 Treatment	Exam#2 DB 3	10% 2%
7/13/09	Ch. 9 Twelve Step programs and support groups/Ch. 10 Families Ch. 11 Children of families	Support Group Visit DB 4	5% 2%
7/20/09	Exam#3/Ch. 11 Codependency/ Ch. 8 Relapse prevention & ch. 12 HIV/AIDS	Exam #3 Abstinence	10% 5%
7/27/09	Ch. 13 Gambling & Other addictions	Wiki DB 5	10% 2%
8/3/09	Ch. 14 Prevention & Ch. 15 Confidentiality and Ethical issues	Exam #4 SA Handout	10% 10%
8/10/09	No additional lecture notes or readings assigned	Movie Review Community Points	5% 10%

*Assignments due by midnight Pacific Standard Time. All assignments due by Monday.

WBU GRADING SYSTEM

Symbol	Percentage
A	90-100
B	80-89
C	70-79
D	60-69
F	Below 60

UNIVERSITY STATEMENTS

It is university policy that no otherwise qualified disabled person be excused from participation in, be denied the benefits of, or be subject to discrimination under any educational program or activity in the University. Students should inform the instructor of existing disabilities at the first class meeting.

Students are responsible for reading, understanding, obeying, and respecting all academic policies, with added emphasis being placed upon academic progress policies, appearing in the Wayland Baptist University Academic Catalog applicable to their curriculum and/or program of study.

University students are expected to conduct themselves according to the highest standards of academic honesty. Academic misconduct for which a student is subject to penalty includes all forms of cheating, such as illicit possession of examinations or examination materials, forgery, or plagiarism. Plagiarism is the presentation of the work of another as one's own work. It is the student's responsibility to be familiar with penalties associates with plagiarism stated in the catalog.